



	<p>1 WPI                      1                      5                      19                      1                      19</p>
	<p>2 SSS</p> <p style="text-align: center;">12</p> <p>a.</p> <p style="text-align: right;">0=    1=</p> <p style="text-align: center;">2=                      /                      3=</p> <p style="text-align: center;">9</p> <p>b.</p> <p style="text-align: right;">/</p> <p style="text-align: right;">0=                      1=</p> <p>3</p>

\*

2017

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2.

3.

4.

1.

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1.

15~20mi n      1  
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4~6h

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30mi n

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5 10mA

37

15 20mi n

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6.

2016

[3-4]

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3.

FIQ

1.

( Visual analogue scale VAS) 100mm

( Numeric rating scale NRS): 0-10

0

10

1-3

4-6

7-10

2.

Fibromyalgia impact questionnaire FIQ  
Revised fibromyalgia impact questionnaire

FIQR

FIQ

(

)

0-100

FIQR FIQ

FIQR

0-100

3.

Multidimensional fatigue inventory (MFI)

Pittsburgh sleep quality index (PSQI)

Beck depression inventory (BDI)

Perceived stress

scale (PSS)

(MOS item short form health survey,

0

18

18

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[2] Wolfe F, Clauw DJ, Fitzcharles MA, et al. 2016 Revisions to the 2010/2011 fibromyalgia diagnostic criteria[J]. Semin Arthritis Rheum, 2016, 46(3): 319-329.

[3] Macfarlane GJ, Kronisch C, Dean LE, et al. 2016 EULAR revised recommendations for the management of fibromyalgia[J]. Ann Rheum Dis, 2017, 76(2): 318-328.

[4] . . . . .  
2016 . ,2017-12-16.

1

**FIQR**

9

1.

2. 20

3.

4. / /

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7.

8. 45

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2

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